

# MENU



## PRASAVORE

Plant | Pure | Peace

EST. 2025

BEST SATHVIK TASTE IN TOWN



MORE INFO AT: [PRASAVORE.COM](https://www.prasavore.com)

DAL AL KARAMA BLG, SHOP NO. 8, AL KARAMA, DUBAI

CALL US - +97150 3443638

**PLANT-BASED BULK ORDERS FOR PEACEFUL CELEBRATIONS AND MEMORABLE EVENTS.**

## BREAKFAST

Chai - Pav	4.00
Chole Bhature	12.00
Poha (small )	05.00
Poha ( large )	08.00
Puri Bhaji ( 4 puris )	08.00
Upma	08.00
Medu Vada	08.00
Sabudana Vada	08.00
Extra Puri	01.00



## DOSAS

Dosa Plain	05.00
Ghee Roast	08.00
Masala Dosa	07.00
Masala Cheese Dosa	10.00
Rava Masala Dosa	08.00
Rava Cheese Masala Dosa	10.00
Utappam	08.00
Idli	06.00
Butter Fried Idli	09.00



## SANDWICH

Mumbai Sandwich	08.00
Cheese Grilled Sandwich	10.00
Paneer Sandwich	12.00
Club Sandwich	10.00
Veg Grill Sandwich	10.00
Avacado Sandwich	14.00
Edamame Sandwich	14.00



( AED 2 for Extra added Cheese Slice )

## PARATHAS

<b>Alu Paratha</b>	<b>06.00</b>
<b>Alu &amp; Gobi Paratha</b>	<b>07.00</b>
<b>Alu Methi Paratha</b>	<b>07.00</b>
<b>Gobi Paratha</b>	<b>07.00</b>
<b>Mix Paratha</b>	<b>08.00</b>
<b>Methi Paratha</b>	<b>07.00</b>
<b>Paneer Paratha</b>	<b>10.00</b>
<b>Paneer Methi</b>	<b>10.00</b>
<b>Paratha</b>	<b>3.00</b>
<b>Chapati</b>	<b>2.00</b>



## THALI

<b>Bronze Thali</b> (Limited)	<b>18.00</b>
4 Chapati / Puri + 1 Dal + 1 Sabji + Rice + Pickle + Sweet + Papad	
<b>Silver Thali</b> (Unlimited)	<b>22.00</b>
Chapati / Puri + 1 Dal + 2 Sabji + Rice + Pickle + Sweet + Papad	
<b>Golden Thali</b> (Unlimited)	<b>26.00</b>
Chapati / Puri + Snack + 1 Gravy + 1 Dal + 2 Sabji + Rice + Pickle + Sweet + Papad	
<b>Uppwas ( Fasting ) Thali</b>	<b>26.00</b>
Arwi Sabji   Yam Bharta   Quinoa Rice   Kuttu / Rajgira Roti   Chutney   Sabudana Wada,   Fruit Salad   Fasting Papad   Makhana / Sweet Potato Kheer	
<b>Chinese Thali</b> (Limited)	<b>18.00</b>
Fried Rice + Gravy + 1 starters + Soup + Noodles + Sweet	
<b>Continental Thali</b> (Limited)	<b>18.00</b>
Pasta + Spaghetti + 2 Small Pizza + Starters + Sweet	



( AED 2 for Take Aways )

## STARTERS

<b>Hara Bhara Kabab</b>	<b>18.00</b>
<b>Paneer Chilli Dry</b>	<b>18.00</b>
<b>Paneer Tikki</b>	<b>18.00</b>
<b>Cheese Corn Roll</b>	<b>18.00</b>
<b>Paneer Chilli with Babycorn</b>	<b>18.00</b>



## GRAVIES

Allu Palak	18.00
Allu Dum	18.00
Allu Bhindi Masala	18.00
Allu Mattar Masala	18.00
Chana Bhindi	18.00
Chana / Chole Masala	18.00
Dal Palak / Tadka	16.00
Dal Makhani	18.00
Kadai Paneer	24.00
Rajma Masala	18.00
Paneer Butter Masala	22.00
Paneer Tikka Butter Masala	26.00
Paneer Lababdar	24.00
Paneer Makhani	22.00
Paneer Bhurji	24.00
Paneer Kutchan	22.00
Shahi Paneer	24.00
Palak Paneer	18.00
Malai Kofta	22.00
Methi Mutter Malai	18.00
Nargisi Kofta	22.00
Veg Amritsari	22.00
Karela Masala	18.00
Karela Sabji	16.00
Dal Plain	12.00
Pahaadi Dal	16.00

OUR SATHVIK FOOD IN PURE GHEE



Nargisi Kofta



Dal Makhni



Malai Kofta

## RICE

Steam Rice	06.00
Ghee Rice	08.00
Jeera Rice	10.00
Curd Rice	12.00
Khichdi	12.00
Hara Khichdi	14.00
Kashmir Pulao	20.00
Mix Veg Pulao	15.00
Green Peas Pulao	14.00
Kaju Pulao	15.00
Paneer Pulao	16.00
Veg Biryani	20.00



## TANDOOR

Paneer Tikka	22.00
Hariyali Paneer Tikka	24.00
Kesari Paneer Tikka	26.00
Malai Paneer Tikka	28.00
Achari Paneer Tikka	26.00
Malai / Masala Chaap	28.00
Hariyali Malai Chaap	28.00



## SIZZLERS

Veg Manchurian	24.00
Shezwan Paneer	26.00



OUR SATHVIK FOOD IN PURE GHEE

## BURGER

Vegetable	8.00
Vegetable Cheese	9.00
Manchurian	10.00
Dragon Fire	10.00
Mix Veg	9.00
Paneer Tikki	12.00



## SNACKS

Bhajiyas	06.00
Dabeli	5.00
Vada Pav	4.00
Masala Vada Pav	6.00
Paneer Vada Pav	08.00
Chura Vada Pav	05.00
Cheese Vada Pav	07.00
Makhan Pav	4.00
Alu Methi Pakora	8.00
Dal Pakora	5.00
Samosa	03.00
Samosa Pav	05.00



## NIBBLES

French Fries	08.00
Veg Cutlets	12.00
Potato Wedges	10.00
Paneer Popcorns	12.00
Peri Peri Fries	12.00
Cheese Burst	18.00



SNACKS

MENU

## PAV BHAJI

Classic Pav Bhaji	16.00
Cheese Pav Bhaji	18.00
Paneer Pav Bhaji	20.00
Jain Pav Bhaji	18.00
Butter Pav Bhaji	20.00
Tawa Pulao	16.00
Extra Pav 1	3.00



## SALADS &amp; RAITA

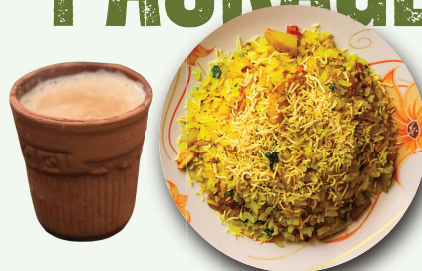
Fruits and Veggies	12.00
Edamame	14.00
Pineapple Raita	6.00
Vegetable Raita	6.00
Boondi Raita	6.00
Fruit Raita	8.00
Alu Raita ( Ekadashi )	6.00
Cucumber Raita ( Ekadashi )	6.00



## COMBO'S

Chapati ( 4 ) - Sabji	10.00
Dal - Rice	10.00
Dal - Rice - Roti ( 2 ) - Sabji	12.00
Dal - Chapati ( 4 )	10.00
Rajma + Rice	12.00
Rajma + Rice + Roti ( 2 ) - Sabji	15.00
Poha + Chai	06.00
Dosa + Chai	06.00
Vada Pav + Chai	05.00
High Tea	12.00

## COMBO PACKAGE



## CHINESE STARTERS

<b>Veg Spring Roll</b>	<b>18.00</b>
<b>Paneer Veg Spring Roll</b>	<b>20.00</b>
<b>Noodle Veg Spring Roll</b>	<b>20.00</b>
<b>Gobi Manchurian</b>	<b>16.00</b>
<b>Honey Chilli Potato</b>	<b>14.00</b>



## CHINESE SOUP

<b>Hot &amp; Sour Soup</b>	<b>15.00</b>
<b>Veg Clear Soup</b>	<b>14.00</b>
<b>Sweet Corn Soup</b>	<b>15.00</b>
<b>Lemon Soup</b>	<b>12.00</b>
<b>Manchow Soup</b>	<b>15.00</b>



## CHINESE NOODLES

<b>Veg Noodles</b>	<b>18.00</b>
<b>Hakka Noodles</b>	<b>16.00</b>
<b>Singapore Noodles</b>	<b>22.00</b>



## CHINESE GRAVY

<b>Veg Manchurian</b>	<b>16.00</b>
<b>Paneer Manchurian</b>	<b>18.00</b>
<b>Honey Chilli Cauliflower</b>	<b>18.00</b>
<b>Gobi Manchurian</b>	<b>18.00</b>



## CHINESE RICE

<b>Veg Fried Rice</b>	<b>16.00</b>
<b>Paneer Veg Fried Rice</b>	<b>20.00</b>
<b>Veg Manchurian Fried Rice</b>	<b>18.00</b>
<b>Paneer Manchurian Fried Rice</b>	<b>22.00</b>



## PIZZA

<b>Cheese Pizza</b>	<b>16.00</b>
<b>Calzone Pizza</b>	<b>18.00</b>
<b>Exotic Veg Pizza</b>	<b>24.00</b>
<b>Fiery Pizza</b>	<b>22.00</b>
<b>Margarita Pizza</b>	<b>18.00</b>
<b>Cheese Pasto Pizza</b>	<b>18.00</b>
<b>Veg Pizza</b>	<b>16.00</b>



## PASTA

<b>Alfredo Cheese Pasta</b>	<b>18.00</b>
<b>Alfredo Spagetti Pasta</b>	<b>18.00</b>
<b>Alfredo Cheese Spagetti Pasta</b>	<b>20.00</b>
<b>Fusilli Pasta</b>	<b>18.00</b>
<b>Mccain Cheese Pasta</b>	<b>20.00</b>
<b>Penne white Sauce Pasta</b>	<b>19.00</b>
<b>Pasta Sauce White / Red / Pink</b>	<b>20.00</b>
<b>Spagetti Pasta</b>	<b>20.00</b>



## DESSERT

<b>Gulab Jamun</b>	<b>3.00</b>
<b>Rasgulla</b>	<b>3.00</b>
<b>Kulfi</b>	<b>08.00</b>
<b>Moong Dal Halwa</b>	<b>14.00</b>
<b>Rice Kheer</b>	<b>12.00</b>
<b>Seviyya Kheer</b>	<b>12.00</b>
<b>Ice Cream - Ask for Flavors</b>	<b>12.00</b>



# EKADASHI PRASADAM

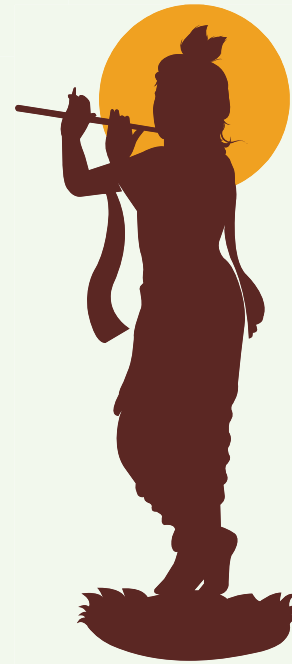
OUR SATHVIK FOOD IN PURE GHEE

## STARTERS

Coconut & Dates Chutney	4.00
Rajgira ka Paratha	5.00
Singhade ka Paratha	5.00
Sabudana Wada ( per pc )	3.00

## MAIN COURSE

Sabudana Khichdi	12.00
Rajgira Puri	6.00
Rajgira Roti	6.00
Singhade ki Puri	6.00
Singhade ki Roti	6.00
Quinoa Pulao	15.00
Plain Quinoa	8.00
Alu Peanut Sabji (Dry/Gravy)	8.00
Jeera Alu (Dry/Gravy)	8.00
Kacche kele ki Sabji	8.00
Yum Ka Bharta	8.00
Arbi Ki Sabji	9.00
Root N Fruit Combo	15.00



## DESSERT

Sabudana Kheer	8.00
Rajgira ka Halwa	10.00
Singhade ka Halwa	10.00
Makhane ka Kheer	12.00
Sweet Potato ka Kheer	10.00

## SALAD

Peanut / Fruit Salad	08.00
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# EKADASHI

# PRASADAM

# SHAKES

OUR SATHVIK FOOD IN PURE GHEE

# SWEET JUICES

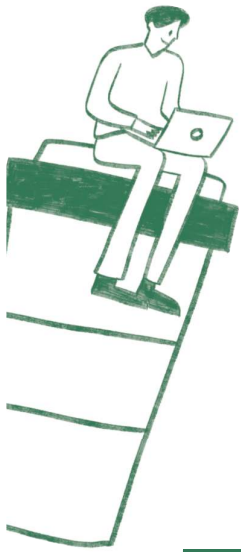
## CHILL COOL REFRESHER

Water - Small	2
Water - Big	4
Orange Juice	12
ABC Juice	14
Carrot Juice	12
Watermelon Juice	12
Pineapple Juice	12
Banana Milk	10
Strawberry Milk	14
Avacado	14
Chocolate	12
Banana Blue Berry	14
Rose Milk	8
Sweet Lassi	6
Butter Milk	5
Mango Milk Shake	10
Coconut Lemonade	14
Avacado Coconut	14
Mango Lassi	12
Badam Milk	12
Sweet / Sour Lemonade	8
Boba Tea	8
Cold Coffee	8
Protein Shake	12



( 2 aed with Icecream )





# BREWNTIQUE



## COFFEE

### BASIC COFFEE

AMERICANO	10.00
CAPPUCCINO	12.00
FLAT WHITE	12.00
ESPRESSO	10.00
LATTE	10.00

### MATCHAS

MATCHA	15.00
STRAWBERRY MATCHA	18.00
CARAMEL MATCHA	18.00
MANGO MATCHA	18.00
BANANA MATCHA	18.00
BLUEBERRY MATCHA	18.00
VANILLA MATCHA	18.00
RASPBERRY	18.00

### TEA & NON-COFFEE

GREEN TEA ( TWG )	8.00
HOT CHOCOLATE	12.00

## SPECIALTY DRINKS

ISKCON TEA	05.00
ISKCON COFFEE	05.00
NESCAFE GOLD	06.00
FRESH MILK MASALA CHAI	02.00
FRESH MILK	05.00

## OTHERS

### BAKERY & SNACKS

MAKHAN PAV	04.00
TOAST BREAD BUTTER	05.00
BREAD JAM	03.00
BREAD BUTTER JAM	04.00
FARSAN - CHIVDA	04.00
BHAJIYA & CHAI	05.00

